

CACHE COUNTY AREA GENERAL RESOURCE LIST

2015



Emergencies (24 Hours)

Life Threatening	9-1-1
Crisis/Suicide Prevention	801-587-3000
National Suicide Prevention Lifeline	1-800-273-TALK (8255)
Poison Control	1-800-222-1222

Adult & Child Abuse/Neglect

Adult Protective Services (APS) (Reporting) Logan	1-800-371-7897 435-787-3425
Cache County Children's Justice Center	435-753-7017
Child and Family Support Center (Parenting)	435-752-8880
Division of Child and Family Services (Logan) 24-Hour Reporting Line	435-787-3400 1-855-323-3237
Guardian Ad Litem/ Court Appointed Special Advocate (CASA)	435-713-6222

Child/Youth/Family Services

Bear River Head Start (0 - 5 years old)	435-787-8885
Cache County School District	435-752-3925
Cache Valley Girl Scouts	1-800-678-7809
Cache Valley Youth Center (Detention Center)	435-713-6260
Care About Childcare – Bridgerland	855-531-2468
Child and Family Support Center	435-752-8880
Children Justice Center	435-753-7017
The Family Information & Resource Center	435-755-5171
Juvenile Justice Services Outreach (Community Outreach)	435-787-3500
Logan City School District	435-755-2300
National Runaway Switchboard	1-800-786-2929
The Nine Line	1-800-999-9999
Youth and Families with Promise (YFP)	435-797-0208

Clothing/Furniture/Household Items

Deseret Industries (DI) (Logan)	435-752-4511
Somebody's Attic	435-752-8502

Domestic Violence

Cache County Victim Services (District Attorney)	435-755-1860
Community Abuse Prevention Services Agency, Inc. (CAPSA)	435-753-2500
Domestic Violence Information Line	1-800-897-LINK (5465)
The Family Institute of Northern Utah (Counseling)	435-752-1976
Utah Legal Services	1-800-662-4245
Utah State Office for Victims of Crime	1-800-621-7444
VINE (Victim Information & Notification Everyday)	1-877-884-8463

Employment/Job Training

(See also: "Employment: Temporary" in the Yellow Pages)

Bridgerland Applied Technology College (BATC)	435-753-6780
Deseret Industries (DI)	435-752-4511
Division of Rehabilitation Services	435-787-3480
Job Corps	1-800-733-5627
Labor Commission	1-800-530-5090
Anti-discrimination and labor issues	1-800-222-1238
LDS Employment Resource Services	435-752-7911
Utah Department of Workforce Services (DWS)	866-435-7414

Financial Counseling

AAA Fair Credit Foundation	1-800-351-4195
American Credit Foundation	1-800-259-0601
Extension Services, USU	435-752-6263
Family Life Center Housing and Financial Counseling Services	435-797-7224
Utah Legal Services	
Bankruptcy Hotline	1-800-662-4245

Food Assistance Programs

Cache Community Food Pantry	435-753-7140
Food Stamps, Utah Department of Workforce Services (DWS)	
	1-866-435-7414

Home Delivered Meals/Congregate Meals (Senior Citizens)

Bear River Area Association on Aging (BRAG)	435-752-7242
Cache County Senior Citizen Center (Logan)	435-716-7190
Hyrum Senior Center	435-245-3570
Meals-on-Wheels Direct Line	435-713-1461
Mobile Food Pantry, Utah Food Bank	2-1-1
WIC (Women, Infants & Children), Bear River Health Department	435-792-6451

Government Services

Cache County	www.cachecounty.org
Assessor	435-750-5300
Clerk	435-755-1460
Recorder	435-755-1530
Treasurer	435-755-1500
Zoning	435-755-1640
Division of Motor Vehicles (DMV)	435-755-1610
Toll-free	1-800-DMV-UTAH (368-8824)
Driver License Division	435-752-0332, 1-888-353-4224
Logan City	435-716-9000
Business License Division	435-716-9230
Environmental Health	435-716-9753
Mayor's Office	435-716-9002
Parks and Recreation	435-716-9250
Planning and Zoning & Building Inspections Divisions	435-716-9020
United States Postal Service (USPS)	1-800-ASK-USPS (275-8777)

Health Care/Hospitals/Clinics

Bear River Health Department	435-792-6500
24-Hour Public Health Emergency Line	435-716-8771
Cache Valley Specialty Hospital (CVSH)	435-713-9700
Medicaid and CHIP	
Department of Workforce Services (DWS) (Applications)	1-866-435-7414
Children's Health Insurance Program (CHIP)	1-877-KIDS-NOW
Medicaid Information Line	1-800-662-9651
Intermountain Cache Valley Community Health Clinic	435-716-5410
Logan Regional Hospital (IHC)	435-716-1000
Planned Parenthood Association of Utah	435-753-0724
Primary Care Network (PCN) and Utah's Premium Partnership for Health Insurance (UPP) (UPP helps pay employer-provided insurance premiums)	1-888-222-2542
Utah Insurance Department	1-800-439-3805
Veterans Community Based Outpatient Clinic (Ogden)	801-479-4105

Housing/Utilities

Bear River Association of Governments (BRAG)	435-752-7242
Habitat for Humanity – Cache Valley	435-752-8419
HEAT (Home Energy Assistance Target) (Utilities)	435-752-7242
Housing Authority – Bear River Regional & Logan City	435-752-7242
Hyrum City Power & Light	435-245-6033
Logan City Utilities	435-716-9200
Neighborhood Nonprofit Housing Corporation	435-753-1112
Questar Gas (Customer Service)	1-800-323-5517
Blue Stakes	1-800-662-4111
Gas Leaks	1-800-541-2824
Rocky Mountain Power	1-888-221-7070
Outages/Emergencies	1-877-548-3768
Utah Department of Workforce Services (DWS)	1-866-435-7414
Utah Telephone Assistance Program (UTAP)	1-800-948-7540



CACHE COUNTY AREA GENERAL RESOURCE LIST

2015



Law Enforcement/Emergency Services/Fire

Emergencies (Fire, Hazardous Materials, Medical, & Police)	9-1-1
Area Dispatch (Non-emergencies)	435-716-9400
Cache County Sheriff	435-755-1000
Burn Permits	435-716-7299
Fire	435-716-9400
Jail	435-750-7424
Richmond Office	435-258-4338
Road Conditions	435-716-9440
Hyrum City	
Fire	435-245-7634
Police	435-750-7400
Logan City	
Animal Control	435-716-9410
Fire Department	435-716-9500
Police (Administration)	435-716-9300
Newton City (Fire)	435-563-9283
Paradise City (Fire)	435-245-6737
Smithfield City (Fire)	435-563-3056
Wellsville City (Fire)	435-716-7299

Legal Information/Consultation

Consumer Protection, Division of	1-800-721-SAFE (7233)
Disability Law Center	1-800-662-9080
Utah Legal Services	1-800-662-4245
Pro Se Legal Clinic (Held at Cache County District court) ..	435-750-1300
Utah State Courts' Self Help Center	1-888-683-0009
Utah State Law Library	801-238-7990
Free legal clinic listings	www.utcourts.gov/howto/legalclinics

Libraries

Hyrum City	435-245-6411
Lewiston City	435-258-5515
Logan City	435-716-9123
Newton City	435-563-9283
North Logan	435-755-7169
Providence City	435-752-7881
Richmond City	435-258-5525
Smithfield City	435-563-3555

Mental Health/Counseling

Bear River Mental Health	435-752-0750
Bear River Clubhouse	435-753-2080
Child and Family Support Center (Parenting)	435-752-8880
The Family Institute of Northern Utah (Logan)	435-752-1976
LDS Family Services	435-752-5302
NAMI (National Alliance on Mental Illness)	1-877-230-6264
USU Marriage & Family Therapy Clinic	435-797-7430
USU Psychology Community Clinic (Logan)	435-797-3401

Other Services

Better Business Bureau (BBB)	1-800-456-3907
Bridgerland Literacy	435-716-9141
Cache Valley Transit District (LTD/CVTD)	435-752-2877
Paratransit Service	435-753-2255
English Language Center of Cache Valley, Inc.	435-750-6534
Mobility Voucher Program (transportation) (BRAG)	435-713-1424
Small Business Development Center	435-797-2277

People with Disabilities

711 Relay Utah	7-1-1
Cache Employment and Training Center	435-752-7952
Center for Persons with Disabilities (CPD)	435-797-1981
Developmental Skills Laboratory	435-797-8528
Common Ground Outdoor Adventures	435-713-0288
Disability-Related Resources	2-1-1
Division of Rehabilitation Services	435-787-3480
Division of Services for People with Disabilities (DSPD)	1-877-568-0084
Options for Independence	435-753-5353
Utah Assistive Technology Foundation	435-797-2025
Utah Assistive Technology Program	435-797-3824
Utah Parent Center and Autism Information Resources	
Salt Lake City (Parents of children with disabilities)	1-800-468-1160

Pregnancy

(See also: Health Care/Hospitals/Clinics)

Baby Your Baby Hotline	1-800-826-9662
Children's Service Society of Utah	1-800-839-7444
Planned Parenthood Association of Utah (Logan Office)	435-753-0724
Pregnancy Riskline	1-800-822-BABY (2229)

Rape/Sexual Assault

Community Abuse Prevention Services Agency (CAPSA)	
Rape Crisis Intervention	435-753-2500
Rape/Sexual Assault Crisis Line	1-888-421-1100
Utah Coalition Against Sexual Assault (UCASA)	1-866-878-2272

Senior Citizens

AARP	1-866-448-3616
Bear River Area Agency on Aging	435-752-7242
Cache County Senior Citizen Center (Logan)	435-755-1720
Hyrum Senior Center	435-245-3570

Sexually Transmitted Diseases/AIDS Info

(See also: Health Care/Hospitals/Clinics)

People with AIDS Coalition of Utah	801-484-2205
Planned Parenthood Association of Utah	435-753-0724
STD/HIV/AIDS Education, Bear River Health Department	435-792-6500
Utah AIDS Foundation. 1-800-FON-AIDS (Hotline), 1-800-865-5004 (Office)	

Substance Abuse

Al Anon Information Center	801-393-2311
Alcoholics Anonymous (AA) of Cache Valley	435-755-7772
Bear River Health Department Division of Substance Abuse ...	435-792-6420
24-Hour Public Health Emergency Line	435-716-8771
The Family Institute of Northern Utah	435-752-1976
Narcotics Anonymous	www.nuana.org
Tobacco Quit Line	1-888-567-TRUTH (8788)
Veterans Outpatient Clinic (Ogden)	801-479-4105

Welfare and Financial Services

Office of Recovery Services (ORS)	801-536-8500
Social Security Administration (SSA) (Ogden)	1-877-378-9081
National	1-800-772-1213
Unemployment Insurance Center	1-888-848-0688
Utah Department of Workforce Services (DWS)	
Customer Relations	1-800-331-4341
Eligibility Services	1-866-435-7414
Worker's Compensation Fund (WCF)	1-800-446-2667

Last Update: September 2015

Please visit www.211ut.org for the most current resource lists.

United Way 2-1-1 is the place to call if you need help or want to give help. Callers can be linked to resources available from health and human service programs throughout the state.

