

SALT LAKE AREA SINGLE PARENT RESOURCE LIST

2016



ADVOCACY GROUPS

Community Action Program.....801-359-2444
Utahns Against Hunger.....801-328-2561

CHILD ABUSE

Child Abuse Hotline.....1-855-323-3237
Family Support Center (Crisis Nursery)
Midvale.....801-255-6881
Sugarhouse.....801-487-7778
West Valley.....801-967-4259
Prevent Child Abuse Utah.....801-393-3366
Salt Lake County Division of Youth Services.....385-468-4500

CHILD CARE/AFTER SCHOOL PROGRAMS

Boys & Girls Club, Greater Salt Lake.....801-322-4411
Care About Childcare.....1-855-531-2468
Family Support Center (Crisis Nursery)
Midvale.....801-255-6881
Sugarhouse.....801-487-7778
West Valley.....801-967-4259
Head Start.....801-977-1122
Neighborhood House.....801-363-4589
Salt Lake County Parks & Recreation.....385-468-1800
YWCA Drop-in child care available for members.....801-537-8600

CLOTHING/FURNITURE/HOUSEHOLD ITEMS

Crossroads Urban Center.....801-364-7765
Deseret Industries (DI) (Welfare Square).....801-240-7202
Rescue Haven (women's & children's clothing).....801-521-5925
Rescue Mission (men's clothing).....801-355-1302
Salvation Army.....801-322-1253
St. Vincent de Paul Center.....801-363-7710

DOMESTIC VIOLENCE

(See also: General Resource List)

Domestic Violence Information Line.....1-800-897-5465
Legal Aid Society.....801-328-8849
South Valley Services (shelter).....801-255-1095
Utah State Office for Victims of Crime.....1-800-621-7444
VINE (Victim Information & Notification Everyday)....1-877-884-8463
YWCA (shelter).....801-537-8600

ETHNIC/MINORITY GROUPS

Asian Association & Refugee Center of Utah.....801-467-6060
Centro de la Familia de Utah.....801-521-4473
Guadalupe Educational Programs.....801-531-6100
Indian Walk-In Center.....801-486-4877
International Rescue Committee (Refugees).....801-328-1091
NAACP (Salt Lake Chapter).....801-250-5088
Utah Pride Center.....801-539-8800

FINANCIAL COUNSELING

AAA Fair Credit Foundation.....1-800-351-4195
American Credit Foundation.....801-208-1000
Community Action Program.....801-359-2444
Utah Legal Services (bankruptcy info).....801-328-8891
Utah State University Extension Services.....385-468-4820

FOOD ASSISTANCE PROGRAMS

See Food Resource List

HEALTH INFORMATION

See Salt Lake Area Health and Dental Resource Lists

HOUSING/UTILITIES

Assist, Inc (home repair).....801-355-7085
Community Action Program (CAP).....801-359-2444
Community Development Corporation.....801-994-7222
Habitat for Humanity.....801-263-0136
HEAT (Home Energy Assistance Target)
Utilities.....801-521-6107
Housing Authority
Salt Lake City.....801-487-2161
Salt Lake County.....801-284-4400
West Valley City.....801-963-3320
NeighborWorks Salt Lake.....801-539-1590
Utah Department of Workforce Services (DWS).....866-435-7414
Utah Housing Corporation.....801-902-8200

JOB TRAINING/EDUCATION

Deseret Industries (DI) (Welfare Square).....801-240-7202
Division of Rehabilitation Services (Voc Rehab).....801-538-7530
Indian Training & Education Center.....801-973-6484
LDS Employment Services (Welfare Square).....801-240-7240
People Helping People.....801-583-5300
School of Applied Technology (SLCC).....801-957-3354
School Districts (Alternative programs)
Granite.....385-646-5000
Jordan.....801-567-8100
Murray.....801-264-7400
Salt Lake.....801-578-8599
Single Mom Foundation (UHEAA).....801-321-7294
Tooele Applied Technology College (ATC).....435-248-1800
Utah Department of Workforce Services.....866-435-7414

LEGAL ASSISTANCE

Disability Law Center.....801-363-1347
Landlord/Tenant Mediation Program (CAP).....801-359-2444
Legal Aid Society (Domestic law).....801-328-8849
Utah Dispute Resolution (Mediation).....801-532-4841
Utah Legal Services.....801-328-8891
Utah State Bar
Lawyer Referral.....www.utahbar.org
Tuesday Night Bar.....801-297-7037



SALT LAKE AREA SINGLE PARENT RESOURCE LIST 2016



PARENTING CLASSES/COUNSELING

Children's Service Society of Utah.....	801-355-7444
Family Counseling Center.....	801-261-3500
Family Support Center.....	801-955-9110
Jordan Family Education Center.....	801-565-7442
Salt Lake County Division of Youth Services.....	801-468-4500
Utah Parent Center (children with disabilities).....	801-272-1051

PREGNANCY TESTING

(Tests are confidential)

Intermountain Nurse Midwifery Services (free).....	801-507-7070
Jordan River Women's Health (free).....	801-561-2227
Rocky Mountain Women's Health Center (free).....	801-214-7650
Planned Parenthood Association of Utah (low cost)	
Salt Lake City.....	801-322-5571
West Valley City.....	800-230-7526
Pregnancy Resource Center (free).....	801-363-5433
Salt Lake Regional Hospital (free).....	801-350-4111

RAPE/SEXUAL ASSAULT

(See also: General Resource List)

Rape Recovery Center (24/7 crisis line).....	801-467-7273
Rape/Sexual Assault Crisis Line.....	1-888-421-1100
Utah Coalition Against Sexual Assault (UCASA).....	801-746-0404

RECREATION/YOUTH GUIDANCE

Big Brothers Big Sisters.....	801-313-0303
Boys & Girls Clubs of Greater Salt Lake.....	801-322-4411
Boy Scouts of America.....	801-582-3663
Girl Scouts of Utah.....	801-265-8472
Salt Lake County Division of Youth Services.....	385-468-4500
Salt Lake County Parks & Recreation.....	385-468-1800
Sorenson Multicultural Center.....	801-974-2420
Utah Youth Village.....	801-272-9980
YouthCity Artways.....	801-535-6053
YWCA.....	801-537-8600

RUNAWAYS & RELATED SITUATIONS

Homeless Youth Resource Center, VOA.....	801-364-0744
National Runaway Switchboard.....	
.....	1-800-RUN-AWAY (1-800-786-2929)
Salt Lake County Youth Services Center.....	385-468-4500

SHELTER, EMERGENCY

Family Promise –Salt Lake.....	801-961-8622
The Road Home.....	801-359-4142
Rescue Haven.....	801-521-5925
South Valley Sanctuary (Domestic Violence).....	801-255-1095
YWCA (Domestic Violence).....	801-537-8600

SUPPORT GROUPS

Call for details on various groups.....2-1-1

WELFARE AND FINANCIAL SERVICES

Office of Recovery Services (ORS) (child support).....	801-536-8500
Social Security Administration (SSA)	
National.....	1-800-772-1213
Salt Lake Office.....	1-866-851-5275
Unemployment Insurance Center.....	1-888-848-0688
Utah Department of Workforce Services (DWS).....	1-866-435-7414
Customer Relations.....	1-800-331-4341
Worker's Compensation Fund (WCF).....	1-800-446-2667

Last Update: May 2016

Please visit www.211ut.org for the most current resource lists.

United Way 2-1-1 is the place to call if you need help or want to give help. Callers can be linked to resources available from health and human service programs throughout the state.

