ADVOCACY GROUPS
Community Action Program.................................801-359-2444
Utahns Against Hunger..................................801-328-2561

CHILD ABUSE
Child Abuse Hotline...........................................1-855-323-3237
Family Support Center (Crisis Nursery).................801-255-6881
Midvale........................................................801-255-6881
Sugarhouse.....................................................801-487-7778
West Valley....................................................801-967-4259
Prevent Child Abuse Utah..................................801-393-3366
Salt Lake County Division of Youth Services.........385-468-4500

CHILD CARE/AFTER SCHOOL PROGRAMS
Boys & Girls Club, Greater Salt Lake..................801-322-4411
Care About Childcare......................................1-855-531-2468
Family Support Center (Crisis Nursery).................801-255-6881
Midvale........................................................801-255-6881
Sugarhouse.....................................................801-487-7778
West Valley....................................................801-967-4259
Head Start.....................................................801-977-1122
Neighborhood House......................................801-363-4589
Salt Lake County Parks & Recreation..................385-468-1800
YWCA Drop-in child care available for members.....801-537-8600

CLOTHING/FURNITURE/HOUSEHOLD ITEMS
Crossroads Urban Center..................................801-364-7765
Deseret Industries (DI) (Welfare Square)..............801-240-7202
Rescue Haven (women’s & children’s clothing).......801-521-5925
Rescue Mission (men’s clothing)........................801-355-1302
Salvation Army..............................................801-322-1253
St. Vincent de Paul Center...............................801-363-7710

DOMESTIC VIOLENCE
(See also: General Resource List)
Domestic Violence Information Line..................1-800-897-5465
Legal Aid Society...........................................801-328-8849
South Valley Services (shelter)........................801-255-1095
Utah State Office for Victims of Crime.................1-800-621-7444
VINE (Victim Information & Notification EveryDay)1-877-884-8463
YWCA (shelter)..............................................801-537-8600

ETHNIC/MINORITY GROUPS
Asian Association & Refugee Center of Utah........801-467-6060
Centro de la Familia de Utah...........................801-521-4473
Guadalupe Educational Programs......................801-531-6100
Indian Walk-In Center..................................801-486-4877
International Rescue Committee (Refugees).........801-328-1091
NAACP (Salt Lake Chapter).............................801-250-5088
Utah Pride Center...........................................801-539-8800

FINANCIAL COUNSELING
AAA Fair Credit Foundation............................1-800-351-4195
American Credit Foundation............................801-208-1000
Community Action Program.............................801-359-2444
Utah Legal Services (bankruptcy info)..................801-328-8891
Utah State University Extension Services............385-468-4820

FOOD ASSISTANCE PROGRAMS
See Food Resource List

HEALTH INFORMATION
See Salt Lake Area Health and Dental Resource Lists

HOUSING/UTILITIES
Assist, Inc (home repair).................................801-355-7085
Community Action Program (CAP).....................801-359-2444
Community Development Corporation................801-994-7222
Habitat for Humanity.....................................801-263-0136
HEAT (Home Energy Assistance Target) Utilities..801-521-6107
Housing Authority
Salt Lake City..............................................801-487-2161
Salt Lake County...........................................801-284-4400
West Valley City..........................................801-963-3320
NeighborWorks Salt Lake................................801-539-1590
Utah Department of Workforce Services (DWS)....866-435-7414
Utah Housing Corporation................................801-902-8200

JOB TRAINING/EDUCATION
Deseret Industries (DI) (Welfare Square)..............801-240-7202
Division of Rehabilitation Services (Voc Rehab)....801-538-7530
Indian Training & Education Center....................801-973-6484
LDS Employment Services (Welfare Square).........801-240-7240
People Helping People..................................801-583-5300
School of Applied Technology (SLCC).................801-957-3354
School Districts (Alternative programs)
Granite......................................................385-646-5000
Jordan.........................................................801-567-8100
Murray.........................................................801-264-7400
Salt Lake.....................................................801-578-8599
Single Mom Foundation (UHEA)........................801-321-7294
Tooele Applied Technology College (ATC).........435-248-1800
Utah Department of Workforce Services..............866-435-7414

LEGAL ASSISTANCE
Disability Law Center......................................801-363-1347
Landlord/Tenant Mediation Program (CAP)..........801-359-2444
Legal Aid Society (Domestic law).......................801-328-8849
Utah Dispute Resolution (Mediation)..................801-532-4841
Utah Legal Services.......................................801-328-8891
Utah State Bar
Lawyer Referral...........................................www.utahbar.org
Tuesday Night Bar........................................801-297-7037
PARENTING CLASSES/COUNSELING
Children’s Service Society of Utah……………………………………801-355-7444
Family Counseling Center……………………………………………801-261-3500
Family Support Center………………………………………………801-955-9110
Jordan Family Education Center……………………………………801-565-7442
Salt Lake County Division of Youth Services………………………801-468-4500
Utah Parent Center (children with disabilities)…………………801-272-1051

PREGNANCY TESTING
(Tests are confidential)
Intermountain Nurse Midwifery Services (free)……………801-507-7070
Jordan River Women’s Health (free)………………………………801-561-2227
Rocky Mountain Women’s Health Center (free)……………801-214-7650
Planned Parenthood Association of Utah (low cost)
Salt Lake City………………………………………………………801-322-5571
West Valley City……………………………………………………800-230-7526
Pregnancy Resource Center (free)………………………………801-363-5433
Salt Lake Regional Hospital (free)……………………………..801-350-4111

RAPE/SEXUAL ASSAULT
(See also: General Resource List)
Rape Recovery Center (24/7 crisis line)……………………………801-467-7273
Rape/Sexual Assault Crisis Line……………………………………1-888-421-1100
Utah Coalition Against Sexual Assault (UCASA)……………801-746-0404

RECREATION/YOUTH GUIDANCE
Big Brothers Big Sisters………………………………………………801-313-0303
Boys & Girls Clubs of Greater Salt Lake…………………..801-322-4411
Boy Scouts of America………………………………………………801-582-3663
Girl Scouts of Utah…………………………………………………801-265-8472
Salt Lake County Division of Youth Services…………………385-468-4500
Salt Lake County Parks & Recreation……………………………385-468-1800
Sorenson Multicultural Center……………………………………801-974-2420
Utah Youth Village…………………………………………………..801-272-9980
YouthCity Artways…………………………………………………801-535-6053
YWCA………………………………………………………………801-537-8600

RUNAWAYS & RELATED SITUATIONS
Homeless Youth Resource Center, VOA…………………………801-364-0744
National Runaway Switchboard……………………………………800-848-4673
………………………………………………………………………………1-800-RUN-AWAY (1-800-786-2929)
Salt Lake County Youth Services Center…………………..385-468-4500

SHELTER, EMERGENCY
Family Promise –Salt Lake………………………………………801-961-8622
The Road Home………………………………………………………801-359-4142
Rescue Haven…………………………………………………………801-521-5925
South Valley Sanctuary (Domestic Violence)…………………801-255-1095
YWCA (Domestic Violence)………………………………………801-537-8600

SUPPORT GROUPS
Call for details on various groups……………………………………2-1-1

WELFARE AND FINANCIAL SERVICES
Office of Recovery Services (ORS) (child support)………801-536-8500
Social Security Administration (SSA)
National………………………………………………………………1-800-772-1213
Salt Lake Office………………………………………………………1-866-851-5275
Unemployment Insurance Center…………………………1-888-848-0688
Utah Department of Workforce Services (DWS)………1-866-435-7414
Customer Relations………………………………………………1-800-331-4341
Worker’s Compensation Fund (WCF)………………………….1-800-446-2667

Last Update: May 2016

Please visit www.211ut.org for the most current resource lists.

United Way 2-1-1 is the place to call if you need help or want to give help. Callers can be linked to resources available from health and human service programs throughout the state.