Pregnancy
See also: Health Care/Hospitals/Clinics
Baby Your Baby Hotline 800-826-9662
Center for Pregnancy Choices 435-752-1222
Children’s Service Society of Utah 800-839-7444
Mother2Baby (former Pregnancy Riskline) 800-822-BABY (2229)
Planned Parenthood (Logan) 800-230-7526

Senior Citizens
AARP 866-448-3616
Bear River Area Agency on Aging 435-752-7242
Cache County Senior Citizen Center (Logan) 435-755-1720
Hyrum Senior Center 435-245-3570
Options for Independence - Logan 435-753-5353
Special Needs Registry 2-1-1
Utah State Library for the Blind and Disabled 800-662-5540

Sexually Transmitted Diseases/AIDS Info
See also: Health Care/Hospitals/Clinics
Bear River Health Department (STD/HIV/AIDS Education) 435-792-6500
People with AIDS Coalition of Utah 801-484-2205
Planned Parenthood Association of Utah -Logan 800-230-7526
Utah AIDS Foundation 800-FON-AIDS (366-2437)
Health Information Hotline 800-865-5004

Substance Abuse/Addiction
See also: Mental Health / Counseling
Bear River Health Department Division of Substance Abuse 435-792-6420
24-Hour Public Health Emergency Line 801-881-0358
Family Institute of Northern Utah 435-752-1976
Intermountain Specialized Abuse Treatment Center (Detox) (SLC) 801-886-8900
New Vision (Detox) (Logan) 801-807-7925
Ogden Regional Medical Center’s ACT Program (Detox) 801-479-2250
Tobacco Quit Line 800-784-8669

Support Groups
Call for details on various groups 2-1-1

Transportation
Bear River Association of Governments (Medical Voucher Program) 435-752-7242
Cache County Senior Citizens Center 435-755-1720
CVDT (Cache Valley Transit District) 435-752-2877
Paratransit Service 435-753-2255
George E Wahlen Dept of Veterans Affairs Medical Center (Veterano’s Van to SLC VA Hospital 800-613-4012
Logisticare (Medical transport for Medicaid patients) 855-563-4403
Options for Independence - Logan (persons with disabilities) 435-753-5353
Road Conditions 5-1-1
USU Aggie Shuttle (aggiebus.com) 435-797-3414

Welfare and Financial Services
Utah Department of Workforce Services (DWS) 866-435-7414
Social Security Administration (SSA) (Ogden) 877-378-9081
National 800-772-1213
Unemployment Insurance Center (Desempleo) 888-948-9988
Utah State Office of Recovery Services - Salt Lake (ORS) 801-536-8500
VITA (Volunteer Income Tax Assistance, Jan-Apr 15) 801-536-8500

Last Update: March 2019

Please visit 211utah.org for the most current resource lists.

United Way 2-1-1 is the place to call if you need help or want to give help. Callers can be linked to resources available from health and human service programs throughout the state.