

## FOOD PANTRIES

*\* Indicates pantries that usually have emergency baby supplies on hand.*

**Call ahead to check availability of supplies. Basic requirements are (unless otherwise noted):**

- **Picture ID for adults** (18 and over)
- **ID for children** (Social Security card, medical record, birth certificate, etc.)
- **Verification of address** (utility bill, lease agreement, etc.)

### CENTRAL COMPASSION CENTER

1076 West Indiana Ave, SLC, 84104

**Hours:** Sa 11 am – 12 noon

**Phone:** 801-328-0768

**Serves:** Salt Lake County

### CONCERN CENTER OF SALT LAKE

1235 West California Ave. (1330 S.), SLC, 84104

**Hours:** M 10 am - 1 pm & 6 - 8 pm; W, Th 10 am - 1 pm; Sa 9 am - 12 noon

**Phone:** 801-972-5708 (Call in advance: appointment only)

**Serves:** 84101, 84104, 84106, 84111, 84115, and 84116 and below 150% of Federal Poverty Guidelines; case by case consideration.

### \*CROSSROADS URBAN CENTER *(Limit 6 times per year)*

347 South 400 East, SLC, 84111

**Hours:** M – F 9 am – 5 pm

**Phone:** 801-364-7765

**Serves:** Salt Lake County

### \*CROSSROADS WESTSIDE EMERGENCY FOOD PANTRY

*(Limit 6 times per year)*

1358 West Indiana Ave (850 S), SLC, 84104

**Hours:** M, Tu, Th 9 am – 5 pm

**Phone:** 801-935-4079

**Serves:** Salt Lake County

### EBENEZER HELPING HAND FOOD PANTRY

820 South 300 East, SLC, 84111

**Hours:** Sa 10 - 11 am

**Phone:** 801-355-8826

**Serves:** Salt Lake County

### GRANGER COMMUNITY CHRISTIAN CHURCH FOOD PANTRY

3232 West 4100 South, WVC, 84119

**Hours:** M 5 - 6:30 pm; Sa 10 am - 12 noon

**Phone:** 801-968-3301

**Serves:** 84118, 84119, 84120

### \*HILDEGARDE'S FOOD PANTRY *(Limit 2 visits per month)*

231 East 100 South, SLC, 84111

**Hours:** Tu, W, F, 11 am - 1:30 pm; Th 5 – 6:30 pm

**Phone:** 801-328-2303

**Serves:** Salt Lake County

### HOPE UNLIMITED CHURCH PANTRY

4115 West Sams Boulevard (5295 South), Kearns 84118

**Hours:** F 1 - 6 pm

**Phone:** 801-907-0013

**Serves:** Those residing in zip codes 84118 & 84123

### HOUSE OF PRAYER FOOD PANTRY

829 South 200 West SLC, 84101

**Hours:** Sa 12 noon – 1 pm

**Phone:** 801-953-9851

**Serves:** Salt Lake County

### IGLESIA de JESUCRISTO FOOD PANTRY

5486 South 4220 West, Kearns, 84118

**Hours:** Must arrive M between 8 - 9 am to get a ticket and get in line for food distribution from 11 am - 1 PM

**Phone:** 801-651-3122

**Serves:** Salt Lake County

### JESUS IS ALIVE FOOD PANTRY

835 East 4800 South, Murray 84107

**Hours:** Sa 4 - 6 pm

**Phone:** 801-834-3585

**Serves:** Those residing in zip code 84107

### JEWISH FAMILY SERVICE – SALT LAKE

1111 East Brickyard Road (3200 S) Ste 218, Salt Lake City, 84106

**Hours:** M - F 10 am - 1 pm

**Phone:** 801-746-4334

**Serves:** Salt Lake County and surrounding areas

### KEARNS 1ST BAPTIST CHURCH FOOD PANTRY

4445 West 5175 South, Kearns, 84118

**Hours:** Tu 6:30 - 7:45 pm; W & F 11 am - 2:45 pm (closed 12 noon - 1 pm); Th 1 - 2:45 pm

**Phone:** Not available but may contact via website

**Serves:** Salt Lake County

### LDS CHURCH WELFARE SQUARE

7843 West 700 South, SLC, 84104

**Hours:** M - F 8 am - 11:30 am; 1 - 3:30 pm

**Phone:** 801-240-7320 (call - Bishop's order required)

**Serves:** Salt Lake County

### MAGNA FACT

9113 West Magna Main, Ste 101 Magna, 84044

**Hours:** M - Th 11 am - 4 pm

**Phone:** 801-250-4811

**Serves:** Salt Lake County

### MOSAIC INTER-FAITH MINISTRIES

4392 South 900 East, SLC, 84124

**Hours:** M - Th 8:30 am - 3 pm (also by appointment)

**Phone:** 801-588-0139

**Serves:** Salt Lake County

### MURRAY PARK CHURCH OF CHRIST FOOD PANTRY

494 East 5300 South, Murray, 84107

**Hours:** Th 9 am – 5 pm

**Phone:** 801-293-7000

**Serves:** Salt Lake County

### NUEVA ESPERANZA PANTRY

7681 South 2200 West, West Jordan, 84084

**Hours:** W 4:30 – 6:30 pm

**Phone:** 801-381-8498

**Serves:** Salt Lake County

### REDEEMED CHRISTIAN CHURCH OF GOD – HOUSE OF HIS GLORY PANTRY

213 West 4800 South, Murray, 84107

**Hours:** Sa 12 noon – 3 pm; Su 1 - 3 pm

**Phone:** 801-994-2308

**Serves:** 84106, 84107, 84109, 84117, 84118, 84119, 84121, 84123, 84129, 84157

**FOOD PANTRIES** (continued from p.1)

\* Indicates pantries that usually have emergency baby supplies on hand.

**RESCUE MISSION OF SALT LAKE**

463 South 400 West, SLC, 84101  
**Hours:** M – Sa 9 – 11 am & 2 – 4 pm; Su 2 – 4 pm  
**Phone:** 801-355-1302  
**Serves:** Davis and Salt Lake Counties

**SALT LAKE CITY MISSION**

1151 South Redwood Rd Ste 106, SLC, 84104  
**Hours:** M - F 7 am - 4 pm; Su 9 am - 3 pm  
**Phone:** 801-355-6310  
**Serves:** Davis, Salt Lake, Weber, and Utah Counties

**SOUTH VALLEY JESUS FEEDS FOOD PANTRY**

(Limited to 6 times per year)  
352 West 12300 South Ste 100, Draper, 84020  
**Hours:** Tu - F 10 AM - 5 PM for setting appointments  
**Phone:** 801-688-7251 (Appointment Only)  
**Serves:** Bluffdale, Draper, Herriman, Sandy, South Jordan, Riverton

**ST. ANDREW'S FOOD PANTRY**

11835 South 3600 West, Riverton, 84065  
**Hours:** Th 5 – 7 pm  
**Phone:** 801-871-5080  
**Serves:** Draper, Bluffdale, Herriman, Riverton, South Jordan, West Jordan

**ST. JAMES EPISCOPAL CHURCH FOOD PANTRY**

7486 Union Park Ave, Midvale, 84047  
**Hours:** 2nd & 4th Su of each month from 1 - 3 pm  
**Phone:** 801-566-1311  
**Serves:** Draper, Cottonwood Heights, Holladay, Midvale, Murray, Salt Lake City, Sandy

**ST. PAUL'S EPISCOPAL CHURCH**

261 South 900 East, SLC, 84102  
**Hours:** Sa 9 am - 1 pm (Arrive 30 mins prior to closing)  
**Phone:** 801-322-5869  
**Serves:** Salt Lake County

**TAYLORSVILLE FOOD PANTRY**

4775 South Plymouth View Drive (1625 W), Taylorsville, 84123  
**Hours:** M 1 - 3 pm; W 4 - 6 pm; Sa 10 am - 12 noon  
**Phone:** 801-815-0003  
**Serves:** 84123, 84129

**THE SALVATION ARMY**

438 South 900 West, SLC, 84104  
**Hours:** M 10 - 11 am & 1 - 4 pm; W 1 - 4 pm; F 9 - 11:30 am & 1 - 4 pm  
(Arrive at least 15 minutes prior to closing).  
**Phone:** 801-988-4204  
**Serves:** Salt Lake County

**UTAH COMMUNITY ACTION – COPPERVIEW FOOD AND RESOURCE CENTER**

8446 South Harrison Street (300 W), Midvale, 84047  
**Hours:** M - Th 8:30 am - 11 am & 1 - 3 pm  
**Phone:** 801-255-3516  
**Serves:** 84006, 84009, 84020, 84047, 84065, 84070, 84081, 84084, 84088, 84090, 84092, 84093, 84094, 84095, 84096, 84117, 84121, 84124

**UTAH COMMUNITY ACTION – REDWOOD FOOD AND RESOURCE CENTER**

3060 South Lester St (1595 W), WVC, 84119  
**Hours:** Tu 1 - 3 pm; W - F 8:30 am - 11 am & 1 - 3 pm  
**Phone:** 801-214-3147  
**Serves:** 84106, 84107, 84109, 84115, 84118, 84119, 84120, 84123, 84129

**PREPARED MEAL SITES**

**CATHOLIC COMMUNITY SERVICES OF UTAH - HOMELESS SERVICES**

437 West 200 South, SLC, 84101  
**Hours:** Lunch: M – F 11:30 am – 12:30 pm; Daily Dinner: 5 – 6 p;  
Brunch: Sa 10 – 11 am  
**Phone:** 801-363-7710

**EAGLE RANCH MINISTRIES**

500 South 600 West (outdoors), SLC, 84126  
**Hours:** Su 7 – 11 am  
**Phone:** 801-254-4945

**GOOD SAMARITAN PROGRAM** (Sack lunches)

347 East South Temple  
**Hours:** Daily 9 am – 8 pm  
**Phone:** 801-328-5633

**RESCUE MISSION**

463 South 400 West, SLC, 84101  
**Hours:** Breakfast: M – Sa 6:15 – 6:45 am; Lunch: Daily 12 noon - 12:30 pm;  
Dinner: Daily 8 pm  
**Phone:** 801-355-1302

**SALT LAKE CITY MISSION**

1151 South Redwood Rd Ste 106, SLC, 84104  
**Hours:** Breakfast M - F 8 - 9 am  
**Phone:** 801-355-6310

**VOLUNTEERS OF AMERICA YOUTH RESOURCE CENTER**

Meals served to homeless or at-risk youth ages 15 to 22.  
888 South 400 West, SLC, 84101  
**Hours:** Daily - Breakfast: 8:30 – 9:30 am; Lunch: 1 - 2 pm; Dinner: 6 - 7 pm  
**Phone:** 801-364-0744

**SUMMER FOOD SERVICE PROGRAM**

Meals to children 18 and under during summer vacation. For sites and other information, contact Utahns Against Hunger.  
**Phone:** 801-328-2561  
**Website:** www.uah.org

## OTHER FOOD RESOURCES

### COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP) – A Program of the Utah Food Bank

Works to improve the health of low-income elderly people of at least 60 years of age by supplementing their diets with nutritious USDA commodity foods.

**Phone:** 801-978-2452

**Website:** [utahfoodbank.org](http://utahfoodbank.org)

### SNAP – Department of Workforce Services (DWS)

SNAP is designed to improve the nutrition of people with low income. Those who meet the eligibility requirements are entitled to receive benefits to cover part of their household food budget.

**Phone:** 866-435-7414

**Website:** [jobs.utah.gov](http://jobs.utah.gov)

### UTAH CO-OP

Helps families eat healthier by saving them 25-80% off retail grocery prices. Open to the general public, and no membership is required.

291 East 4500 South, SLC, 84107

**Hours:** Th 11 am - 2 pm, F & Sa 11 am - 6 pm

**Phone:** 801-556-2223

**Website:** [www.utahcoop.org](http://www.utahcoop.org)

### MOBILE PANTRIES – A Program of the Utah Food Bank

Provides fresh produce, dairy, and frozen items (based on availability), free of charge to families and individuals in need.

**Phone:** Dial 2-1-1

**Website:** [www.utahfoodbank.org/programs/mobile-pantry](http://www.utahfoodbank.org/programs/mobile-pantry)

### WIC (Women, Infants, and Children)

Provides vouchers for specific nutritious food supplements to pregnant, postpartum, and breastfeeding women, and to infants and children up to five years of age, who have been determined to be at nutritional risk due to inadequate nutrition and income.

**Phone:** 801-273-2991 or 1-877-WIC-KIDS (1-877-942-5437)

## ADVOCACY

### UTAHNS AGAINST HUNGER

Promotes access to nutritional programs statewide.

764 South 200 West

**Phone:** 801-328-2561

**Website:** [www.uah.org](http://www.uah.org)

### Last update: March 2019

Please visit [211utah.org](http://211utah.org) for the most current resource lists.

*United Way 2-1-1 is the place to call if you need help or want to give help.*

*Callers can be linked to resources available from health and human service programs throughout the state.*