

Emergencies (24 Hours)

Life Threatening	9-1-1
Crisis/Suicide Prevention (San Juan)	888-833-2992
After hours	800-273-8255
National Suicide Prevention Lifeline	800-273-TALK (8255)
Poison Control	800-222-1222
Utah Human Trafficking Tip Line (Utah Attorney General Strike Force)	801-200-3443

Adult & Child Abuse/Neglect

Adult Protective Services (APS) (Reporting)	800-371-7897
Division of Child and Family Services (DCFS) (Blanding)	435-678-1491
Child Abuse/Neglect Reporting Line (CPS)	855-323-3237
Navajo Nation Department of Family Services (Arizona)	866-251-5651

Child/Youth/Family Services

Canyonland Youth Center, Juvenile Justice Services	
Blanding	435-678-3140
Care About Childcare - Eastern Region (Price)	435-613-5619
Head Start, Rural Utah Child Development	
Blanding	800-841-2867
Help Me Grow (prenatal and developmental info)	801-691-5322
National Runaway Safeline	800-786-2929
San Juan County School District	435-678-1211
Utah Foster Care Foundation (Moab)	435-261-2368

Domestic Violence

Arizona Crime Victim Reparations (Apache County)	928-337-7560
Navajo County	928-524-4332
Crime Victim Compensation Program	
Colorado	970-565-1147
New Mexico Crime Victims Reparation Commission	800-306-6262
Domestic Violence Information Line	800-897-LINK (5465)
Gentle Ironhawk Shelter (Blanding)	435-678-2445
Toll free	
866-206-0379	
Navajo Nation Department of Family Services (Arizona)	
Emergency Mobile Response Team	928-660-8991
Tohdenasshai Shelter Home (Kayenta)	928-697-3635
Utah Legal Services	800-662-4245
Utah State Office for Victims of Crime (Salt Lake City)	800-621-7444
San Juan Victim Advocate Program (Monticello)	435-587-2237 ext.136
VINE (Victim Information & Notification Everyday)	877-884-8463

Employment/Job Training

Easter Seals Employment Program (Price) (Senior citizens, 55+)	435-536-7016
Utah State Division of Rehabilitation Services (Blanding)	435-678-3200
Job Corps	800-733-5627
Utah Department of Workforce Services (DWS) (Blanding)	866-435-7414
Utah Labor Commission	
Anti-discrimination and labor issues	800-222-1238
Office of Coal Mine Safety	435-613-5902
Utah State University Eastern (Blanding)	435-678-2201
Utah State University Extension (USU) – San Juan	435-587-3239

Financial Counseling

American Credit Foundation	800-259-0601
Fair Credit Foundation	800-351-4195
Upsolve (bankruptcy info)	www.upsolve.org/ut
Utah State University – San Juan County (Monticello)	435-587-3239
Utah Legal Services (Bankruptcy Info)	800-662-4245

Food Assistance Programs

Utah Dept. of Workforce Services (DWS) (SNAP)	866-435-7414
Grand County Food Bank (Moab)	435- 259-6456
Home Delivered Meals/Congregate Meals (Senior citizens)	
Southeastern Utah Area Agency on Aging (Price)	435-613-0036
Mobile Food Pantry, Utah Food Bank	2-1-1
WIC (Women, Infant & Children), Southeastern Health Department	
Blanding	435-359-0038

Government Services

San Juan County	435-587-3225
Assessor	435-587-3221 ext. 4131
Building Inspection/ Commissioner/ Planning	435-587-3221
Clerk/Auditor/Economic Development	435-587-3223 ext. 4113
Landfill	435-678-3070
Recorder	435-587-3228
Treasurer	435-587-3237 ext. 2
State and Federal Services	
Division of Motor Vehicles (DMV) (Monticello)	435-587-3221
Driver's License Division (Customer service)	888-353-4224
Blanding	801-965-4437
Unclaimed Property Division	888-217-1203
United States Postal Service (USPS)	800-275-8777

Health Care/Hospitals/Clinics

Community Nursing Services (CNS) (Moab)	800-486-2186
Medicaid and CHIP	
Children's Health Insurance Program (CHIP)	877-KIDS-NOW
Medicaid Information Line	800-662-9651
Department of Workforce Services (DWS) (Applications)	866-435-7414
Utah Navajo Health System	
Blanding Family Practice	435-678-3601
Montezuma Community Health Center	435-651-3700
Monument Valley Community Health Center	435-727-3000
Navajo Mountain Community Health Center	928-672-2498
Planned Parenthood Association of Utah (Planificación de familia)	
Cortez, CO	970-565-7011
St. George	800-230-7526
Primary Care Network (PCN) and Utah's Premium Partnership for Health Insurance (UPP) (UPP helps pay employer-provided insurance premiums)	888-222-2542
Rocky Mountain Home Care (Blanding & Moab)	435-678-3266
San Juan Hospital & Clinic (Monticello)	435-587-5054
San Juan Clinic -Blanding	435-678-2254
San Juan County Health Department (Blanding)	435-359-0038
Utah Insurance Department	800-439-3805
Veterans Affairs Medical Center (Grand Junction)	970-242-0731
Toll-free	866-206-6415

Housing/Utilities

See also: *Government Services for local Utility Providers*

Southeastern Utah Association of Local Governments	435-637-5444
HEAT (Home Energy Assistance Target) (Utilities)	435-259-6362
Housing	435-613-0040
Weatherization	435-613-0025
Housing Authority of Southeastern Utah	435-259-5891
USDA Rural Development (Monticello) (Home Loan Program)	435-587-2473
Utah Department of Workforce Services (DWS)	866-435-7414
Dominion Energy	800-323-5517
Gas Leaks	800-767-1689
Blue Stakes	811 or 800-662-4111
Lifeline Program (former Utah Telephone Assistance Program)	800-948-7540
Rocky Mountain Power	888-221-7070
Outages/Emergencies	877-508-5088

Law Enforcement/Emergency Services/Fire

Highway Patrol (Moab) (Grand, San Juan, Eastern Emery)	435-259-5441
San Juan County Fire Department	435-587-3225

Legal Information/Consultation

Utah State Division of Consumer Protection	800-721-7233
Disability Law Center	800-662-9080
Utah Legal Services	800-662-4245
Utah State Courts' Self Help Center	888-683-0009
Free legal clinic listings	www.utcourts.gov/howto/legalclinics

Libraries

Blanding	435-678-2335
Bluff	435-672-2274
La Sal	435-686-9936
Montezuma Creek	435-651-3309
Monticello	435-587-2281

Mental Health/Counseling

National Alliance on Mental Illness (NAMI)	877-230-6264
San Juan Counseling (Blanding)	435-678-2992

Other Services

Better Business Bureau	800-456-3907
Utah State University Extension (Monticello)	435-587-3239
Four Corners Gay and Lesbian Alliance for Diversity (CO)	970-385-7202

People with Disabilities

Relay Utah	7-1-1
Early Intervention (ages 0-3), San Juan School District	435-678-1222
Disability-Related Information	2-1-1
Division of Rehabilitation Services (Blanding)	435-678-3200
Division of Services for People with Disabilities (DSPD)(Intake)	844-275-3773
Utah Parent Center Autism Information (Salt Lake City)	800-468-1160

Pregnancy

See also: Healthcare/Hospitals/Clinics

Baby Your Baby Hotline	800-826-9662
Children's Service Society of Utah (Adoption)	800-839-7444
Planned Parenthood Association of Utah (Salt Lake City)	800-230-7526
MotherToBaby (<i>former Pregnancy Riskline</i>)	800-822-2229

Rape/Sexual Assault

Rape, Abuse, and Incest National Network (RAINN)	800-656-4673
Utah Coalition Against Sexual Assault (UCASA)	
Rape and Sexual Assault Crisis Line	888-421-1100
San Juan County Advocate Program	435-210-2406
Sheriff (Monticello)	435-587-2237
Seekhaven Family Crisis & Resource Center (formerly Moab Seekhaven)	435-259-2229

Senior Citizens

AARP	866-448-3616
San Juan County Area Agency on Aging	435-587-3225
Special Needs Registry	2-1-1

Sexually Transmitted Diseases/AIDS Info

People with AIDS Coalition of Utah	801-484-2205
Planned Parenthood Association of Utah (Salt Lake City)	800-230-7526
Southeastern Utah Health Department (Moab)	435-259-5602
Utah AIDS Foundation	800-865-5004

Substance Abuse

For information on inpatient and outpatient substance abuse treatment programs, please call 2-1-1.

AA (Alcoholics Anonymous) (Dixie Central Office)	435-674-4791
Salt Lake City (AA Central Office)	801-484-7871
San Juan Counseling (Blanding)	435-678-2992
Tobacco Quit Line	800-784-8669
Veterans Affairs Medical Center (Grand Junction)	970-242-0731
Toll-free	866-206-6415

Support Groups

Call for details on various groups	2-1-1
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Tribal Services

Indian Health Service (IHS) (Arizona)	
Kayenta IHC Clinic	928-697-4000
Navajo Nation	
Aneth Chapter	435-651-3525
Headquarters (Window Rock)	928-871-7182
Oljato Chapter	435-727-5850
Navajo Area Agency on Aging (Window Rock, AZ)	928-729-4520
WIC(Window Rock, AZ)	968-871-6698
Navajo Housing Authority	
Kayenta (AZ)	928-697-3100
Shiprock (AZ)	505-368-2030
Navajo AIDS Network (Chinle, AZ)	928-674-5676
Northern Navajo Medical Center (Shiprock, NM)	505-368-6001
Office of Special Education & Rehabilitation (Window Rock)	928-871-6338
Toll free	866-341-9918
Western Navajo Agency	
Safety	928-283-2310
Transportation/Roads	928-283-2397

Volunteers

Call for details on various groups	2-1-1
JustServe	www.justserve.org

Welfare and Financial Services

Office of Recovery Services (ORS)	801-536-8500
Social Security Administration (SSA) (National)	800-772-1213
Provo Office	866-366-9549
Unemployment Insurance Center	888-848-0688
Utah Department of Workforce Services (DWS)	866-435-7414
VITA (Volunteer Income Tax Assistance, Jan-Apr 15)	2-1-1
Worker's Compensation Fund (WCF)	800-446-2667

Last Update: March 2019

Please visit 211utah.org for the most current resource lists.

United Way 2-1-1 is the place to call if you need help or want to give help. Callers can be linked to resources available from health and human service programs throughout the state.