

# General Community Resources



United Way 2-1-1 is a free and confidential number that individuals and families can call to find local community resources, programs and services based on their needs.

## ABUSE AND NEGLECT

The Children's Justice Center provides support services in a homelike facility for children who have experienced physical or sexual abuse; 801-851-8554.

Family Support & Treatment Center provides prevention and treatment of child abuse, trauma and neglect; 801229-1181.

Child Abuse Reporting Line; 855-323-3237  
Adult Protective Services; 800-371-7897

## EMPLOYMENT

LDS Employment Resource Services assists individuals seeking work with developing the skills they need to find employment. This includes interview skills and job searching; 801-818-6161.

Department of Workforce Services assists individuals to develop the skills they need to find employment, as well as job search assistance. Visit [jobs.utah.gov](http://jobs.utah.gov) to find your local office.

## EXPENSE PAYMENT ASSISTANCE

Home Energy Assistance Target (HEAT) Program Community Action Services and Food Bank offers emergency crisis assistance. Services include rental deposit assistance, rent payment assistance, motel vouchers, and more; 801-373-8200.

VITA provides free tax preparation assistance during tax season (January-April). To make an appointment, call 2-1-1

Mountainland Weatherization Assistance Program helps low-income individuals and families reduce energy costs and increase comfort and safety in their homes; 801-2293850.

## FOOD ASSISTANCE

Community Action Services and Food Bank supplies food for families in need; 801-373-8200.

Food and Care Coalition provides hot meals and sack lunches to individuals who are homeless, low income or transient; 801-373-1825.

Women, Infants and Children (WIC) offers nutritional counseling and food assistance for families; 801-8517340.

Tabitha's Way provides a food pantry to those in need; Spanish Fork: 801-709-8573, American Fork: 801-6921881.

Department of Workforce Services offers a nutrition assistance program called SNAP to eligible, low-income individuals and families; 866-435-7414 x3.

## HOUSING ASSISTANCE

Habitat for Humanity of Utah County provides programs for low-income families to build or renovate homes; 801344-8527

Self-Help Homes provides an opportunity for low-income families and individuals to build their own new homes; 801-375-2205.

## LEGAL SERVICES

BYU Community Legal Clinic provides free legal advice and counseling on Thursday evenings from 5 pm-7 pm at 1415 North State Street in Provo. They can be reached at 801-297-7049.

Utah County Family Justice Center provides a one-stop clinic of legal resources on Tuesday evenings from 5 pm-8 pm at 151 South University Avenue in Suite 1601 in Provo; 801-851-8508.

Utah Legal Services provides free legal help in noncriminal cases to low-income Utahns; 800-662-4245.

### MORTGAGE/ DEBT COUNSELING

Fair Credit provides a free credit, debt, personal finance and mortgage delinquency counseling. Also offers other related services; 801-483-0999.

Community Action Home Buyers Services provides prepurchase homeownership, homebuyer education class, financial management class and financial learning center; 801-691-5241.

Utah Saves is a statewide campaign which provides programs to help individuals and families save money, reduce debt and build wealth; 801-483-0999.

American Credit Foundation provides debt consultation and management programs; 800-259-0601.

### PARENTING AND FAMILY

Care about Child Care provides referrals and information about early childhood education, child care, and information about available financial aid; 801-863-8589.

Help me Grow connects families to community resources, pregnancy, and child development information, including developmental screenings; 801-691-5322 or 2-1-1.

Vantage Point mediates parent/child conflict between youth ages 11-17 and their families; 801-373-2215.

Welcome Baby promotes a healthy, secure and enjoyable beginning for parents, new babies and their family members; 801-691-5440.

USU Extension Service provides parenting, dating, and relationship classes. They also offer workshops for blended families; visit [healthyrelationshipsutah.org](http://healthyrelationshipsutah.org),

Revised September 2021



2-1-1 Utah



211utah.org

Access 2-1-1 Utah on Instagram, online, and apps available for download.

**For more information and assistance, call 2-1-1 or text your zip code to 898211.**