

Senior Resources

United Way 2-1-1 is a free and confidential number that individuals and families can call or text to find local community resources, programs and services based on their needs.



ABUSE/ NEGLECT

Adult Protective Services investigates reports of any form of abuse, neglect and exploitation of vulnerable adults; 801-538-3567, or 800-371-7897.

ADVOCACY/ COMMUNITY SUPPORT

Crisis Line of Utah County is a 24-hour hotline that helps callers in crisis and gives emergency referrals; 801-691-5433.

Grandfamilies of Utah County provides support, assistance, services and programs to grandparents who are raising children; 801-373-4765.

Long-Term Care Ombudsman Programs serve to investigate and advocate for the rights of residents of long-term care facilities to ensure and enhance the quality of life and care of residents; 801-229-3809.

Mountainland Aging and Family Services provide information and referrals to senior resources in the community, and also provides caregiver support; 801-229-3804.

EMPLOYMENT SERVICES

Easter Seals Senior Community Service Employment Program (SCSEP) empowers low-income seniors ages 55 and over to achieve economic independence; 801-342-2662.

LDS Employment Center assists with job referrals, training, and rehabilitative placement; 801-818-6161

Medicare is another source of health insurance available

To all citizens who are 65 or older; 800-633-4227

Food and Care Coalition serves nutritionally wellbalanced meals Monday - Friday to Utah County's homeless, mentally ill and learning disabled, fixed income individuals and families; 801-373-1825.

FOOD ASSISTANCE

Local Food Banks/Pantries can provide food to low income or food insecure individuals. Call 2-1-1 to find those closest to you.

Meals on Wheels delivers hot meals to homebound senior citizens; 801-229-3802.

The following Senior Centers offer free or low-cost social luncheons. Must call in advance to make a reservation:
American Fork.....801-763-3090
Lehi.....385-201-1065

Lindon.....
801-769-8625

Orem.....
.801-229-7111 Payson
..... 801-465-5215

Pleasant Grove..... 801-785-2818

Provo.....801-852-6600

Spanish Fork.....801-798-5015

Springville.....801-489-8738

HEALTH CARE

Community Nursing Services provides home health aides, hospice care, respite care, health navigators and several other services; 801-224-8138.

Senior Patient Advocacy provides medical information and referrals for those that require home health care, hospice and non-medical services at no cost to the patient; 801-706-3595

Primary Care Network provides health insurance to eligible low-income adults; 888-222-2542.

Patient Advocate Foundation Co-Pay Relief
Program provides financial support for pharmaceuticals for patients insured by Medicaid or Medicare Part D; 8665123861 x1.

Utah County Health Department promotes public health and provides flu shots, immunizations, wellness clinics and cancer screenings; 801-851-7000.

RECREATIONAL/ SOCIAL

Provo Recreation Center provides programs and activities for seniors, such as guitar group lessons, “Senior” prom, AARP Safe Driving Courses, Senior Wellness Program, and many more; 801-852-6600.

Utah County Foster Grandparents provides seniors the opportunity to serve as mentors, tutors, caregivers, and friends to at-risk children and teens; 801-851- 7784.

Senior Companions provides an opportunity for healthy, active seniors to help other seniors maintain their independence and provide respite to caregivers; 801-851-7767.

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2-1-1 Utah

211utah.org

Access 2-1-1 Utah on Instagram, online, and apps available for download

For more information and assistance, call 2-1-1 or text your zip code to 898211.